



St John

FREE FIRST AID TRAINING AT TARGET

Target is committed to safe happy families through the support of St John's work in the community.

COURSE CONTENT

- Call for emergency assistance
- Manage a scene where First Aid is required, including casualty assessment
- Manage choking and near drowning
- Administer Cardiopulmonary Resuscitation (CPR)
- Manage adolescent medical emergencies such as: Asthma, Seizures and Diabetes
- Handle infection control
- Prevent unintentional injury in the home
- First Aid management of casualties with:
 - Bleeding and amputations
 - Burns
 - Eye, ear and nose injuries
 - Head, neck and spinal injuries
 - Bites and stings
 - Fractures and soft tissue injuries
 - Poisoning

VALUED AT \$125 PER PERSON

Limited to first 20 to register.

*Due to the duration and nature of this course, no children are permitted.



Target.

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